

Jesus spoke to them again: "I am the light of the world. Anyone who follows me will never walk in the darkness but will have the light of life."

John 8:12 (CSB)

FOCUS: Basking in the light of the Son is not a form of relaxation, but a way to heal.

OUTLINE:

1. Introduction

- a. Well, what does reptiles and fever have in common?
- b. So, what does that have to do with us?
- c. What are we to do?

2. John 8:12

Then Jesus again spoke to them, saying, "I am the Light of the world; he who follows Me will not walk in the darkness, but will have the Light of life."

- a. **I am**
- b. **Light**
- c. **World**
- d. **he who follows Me ...**
- e. **will not walk in the darkness...**

3. **So What?**

- a. *We must realize that there is both light and dark in the world.*
- b. *We must realize that there is a deadly disease that resides in everyone.*
- c. *Where we reside, will help, or hurts our healing.*